

TAEGEUK 6

READY STANCE

¼ turn left. LEFT LOW BLOCK
FRONT STANCE.

RIGHT FRONT SNAP KICK, return to **BACK STANCE.** LEFT OUTWARD BLOCK.

½ turn right. RIGHT LOW BLOCK.
FRONT STANCE.

LEFT FRONT SNAP KICK, return to **BACK STANCE.** RIGHT OUTWARD BLOCK.

¼ turn left, Twisted **LEFT FRONT STANCE.**
RIGHT REVERSE OUTWARD KNIFEHAND.
RIGHT ROUNDHOUSE, right foot down beside left.

¼ turn left, STEP FORWARD LEFT FOOT.
FRONT STANCE. LEFT OUTWARD BLOCK.
RIGHT PUNCH (reverse).

RIGHT FRONT SNAP KICK. LEFT PUNCH
(reverse). **FRONT STANCE.**

½ turn right. RIGHT OUTWARD BLOCK, LEFT
PUNCH (reverse). **FRONT STANCE.**

LEFT FRONT SNAP KICK, RIGHT PUNCH
(reverse). **FRONT STANCE.**

¼ turn left. DOUBLE LOW BLOCK. **READY STANCE.**

Step forward, right foot, LEFT OUTWARD KNIFE-HAND. Twisted **FRONT STANCE.**

LEFT ROUNDHOUSE. **KIEP.** Set foot down beside right.

¾ turn right. RIGHT LOW BLOCK.
FRONT STANCE.

LEFT FRONT SNAP KICK, return to **RIGHT BACK STANCE.** RIGHT OUTWARD BLOCK .

½ turn left, LEFT LOW BLOCK. **FRONT STANCE.**

RIGHT FRONT SNAP KICK, return to **LEFT FRONT STANCE.** LEFT OUTWARD BLOCK.

¼ turn left, **LEFT BACK STANCE.** DOUBLE KNIFE-HAND.

Step back, **RIGHT BACK STANCE.** DOUBLE KNIFE-HAND.

Step back, **FRONT STANCE.** LEFT PALM BLOCK. RIGHT REVERSE PUNCH.

Step back, **FRONT STANCE.** RIGHT PALM BLOCK. LEFT REVERSE PUNCH.

Step back to return to ready stance.