

TAEGEUK 3

READY STANCE

¼ turn left. **WALKING STANCE.**
LEFT LOW BLOCK.

RIGHT FRONT SNAP KICK. **FRONT STANCE.**
DOUBLE MIDDLE PUNCH (right first)

½ turn right, **WALKING STANCE.**
RIGHT LOW BLOCK.

LEFT FRONT SNAP KICK. **FRONT STANCE.**
DOUBLE MIDDLE PUNCH (left first).

¼ turn left (move left foot). **WALKING STANCE.**
RIGHT INWARD KNIFE-HAND (reverse).

Step forward right foot. **WALKING STANCE.**
LEFT INWARD KNIFE-HAND (reverse).

¼ turn left. **LEFT BACK STANCE.** LEFT
OUTWARD KNIFE-HAND.

Step aside (left foot). **FRONT STANCE.**
RIGHT MIDDLE PUNCH (reverse).

½ turn right. **RIGHT BACK STANCE.**
RIGHT OUTWARD KNIFE-HAND.

Step aside (right foot). **FRONT STANCE.**
LEFT MIDDLE PUNCH (reverse).

¼ turn left. **WALKING STANCE.**
RIGHT INWARD BLOCK (reverse).

Step forward right foot. **WALKING STANCE.**
LEFT INWARD BLOCK (reverse).

¾ turn left, **WALKING STANCE.**
LEFT LOW BLOCK.

RIGHT FRONT SNAP KICK. **FRONT STANCE.**
DOUBLE MIDDLE PUNCH (right first).

½ turn right. **WALKING STANCE.**
RIGHT LOW BLOCK.

LEFT FRONT SNAP KICK. **FRONT STANCE.**
DOUBLE MIDDLE PUNCH (left first).

¼ turn left, **WALKING STANCE.**
LEFT LOW BLOCK.
RIGHT MIDDLE PUNCH (reverse).

Step forward right foot. **WALKING STANCE.**
RIGHT LOW BLOCK.
LEFT MIDDLE PUNCH (reverse).

LEFT FRONT SNAP KICK. **WALKING STANCE.**
LEFT LOW BLOCK. RIGHT MIDDLE PUNCH.

RIGHT FRONT KICK. **WALKING STANCE.**
RIGHT LOW BLOCK. LEFT MIDDLE PUNCH.
KIEP.

Return to ready stance.