

## **Red Deer Champion COVID-19 Policy**

This guideline was built using the directions from Alberta Health Services and the recommendations from Taekwondo Canada.

### **Facility:**

- The main door into the building will be open and the elevator will be used to gain access to the basement.
- No parent viewing area is available at this time. The only exception is when your child is under the age of 7. Parents are then able to wait in the hallway.
- Please arrive no earlier than 5 minutes prior to the start of class. Students will line up in the hallway with the pictures waiting for their temperature check. Adhere to the 6' physical distancing while in line.
- Pick up and drop off will be curbside. If you will be late for the pick up, please call Master Ben and he will ensure your child does not go upstairs until you arrive.
- If there is a line of students to use the elevator, please use the 6' physical distancing guideline.
- Elevator use:
  - Only one student at a time or
  - Family members can ride the elevator together.
- Water fountain is out of service.
- Washrooms are for emergency use only.
- Change rooms are closed.
- Upon entry to the dojang you will be asked a health questionnaire and your temperature will be taken. If there is an issue with either, you will be asked to leave the dojang.

### **Students:**

- Students will arrive to the dojang in their doboks. The change rooms are currently off limits.
- Students will bring their own water bottles. The fountain is not to be used.
- Students will bring a bag to put their personal items in (water bottle, socks, towel).
- The washroom is closed and only for emergency use.
- Students are to stay home if they are sick. No exceptions and parents will be called for a pickup if a student is exhibiting any symptoms.
- Students will wear socks or Taekwondo shoes in the dojang. Contact Master Ben if you want to order some shoes.

### **Points of Entry/Exit:**

- In the basement you will enter the dojang using the main door. Please use the 6' physical distancing guideline.
- You will be stopped at the table to answer a questionnaire and have your temperature taken (touchless).

- Hand sanitizer will be used at the table and then the student will be directed to their training area.
- When class is finished students will be released one at a time where they will then go upstairs to meet their parents who will be waiting outside.

**Cleaning, and Disinfection:**

- The facility will be cleaned daily. This includes all high traffic areas and touched surfaces.
- The training facility will be disinfected after every class. All kicking bags will be cleaned prior to use.

**Masks:**

- Masks are optional use currently.

**Training:**

- All students will be on their own training area that follows the physical distancing guidelines.
- Students will have their own disinfected kicking bag to use.
- ZOOM classes will be running at the same time if students want to continue to train at home or if the parents want to observe the class.

**Rapid Response Plan:**

- If a student shows signs of symptoms of COVID-19 during class, the following process will be followed.
  - Immediate isolation of the symptomatic student from others.
  - Arrangement for safe travel home (no public transportation).
  - Consideration of suspension or temporary cancelation of classes.
  - Cleaning and disinfection of all surfaces that the student may have encountered.
  - Performance of hand hygiene for the remaining students in class.

