



Dear Grandmasters, Masters, Instructors, Parents and Athletes,

On behalf of Red Deer Champion Taekwondo, it is our pleasure to invite you to attend the inaugural Red Deer Champion Taekwondo Tournament, taking place on Saturday March 28, 2020 in Red Deer, Alberta.

This event will be held at the at the Red Deer College main gym located at 100 College Blvd, Red Deer. The main gym is located on the main floor in room 1002. At the main entrance turn left at security and it will be on the right side.

Enclosed is information on competition details, accommodations and registration. Should you require further details, please do not hesitate to contact Ben Couturier at (403) 340-9150 or email champtkd@telus.net .

We thank you in advance for your participation, and we look forward to a fun and competitive tournament.

Sincerely,

Master Ben Couturier
Tournament Director



Red Deer Champion Tournament Details

Date:

- Saturday March 28th, 2020

Venue:

- Red Deer College Main Gym. 100 College Blvd, Red Deer. Free Parking.

Event Times:

- 8:30am referee meeting
- 9:00am registration
- 9:30am Student line-up (Including black belts).
- 10:00am Poomsae start, sparring to follow.

Divisions:

- Colour Belt Poomsae for all ages.
- Recreational Black Belt Poomsae.
- KPnP Sparring – Single Elimination.
 - **Unique** to the Red Deer Champion Tournament will be the use of KPnP chest guards for both Colour Belts and Black Belts.
 - Colour belts will be using KPnP chest guards with pressure (e-socks not required). If you are under 8yrs old, please bring your own regular chest guard.
 - Black Belts will be using either KPnP chest guards with pressure or e-socks. Head contact is optional based on the decision of the coaches.
 - Please bring your own e-socks as none will be available for purchase.
 - **IMPORTANT** – Accurate height and weight is needed for **ALL** sparring competitors (colour belts and black belts).
 - **Belt Divisions:**
 - Novice - White, Yellow Stripe, Yellow
 - Intermediate - Green Stripe, Green, Blue Stripe
 - Advanced - Blue, Red Stripe, Red, Black Stripe
 - Black - all black belts



Registration Fees:

- Early Bird registration (ends March 8th)
 - \$60 for one event
 - \$65 for 2 events
- Registration after March 8th
 - \$70 for one event
 - \$75 for two events
- Registration deadline: **March 24th**. No registrations will be accepted after this date.
- Registration must be emailed to champtkd@telus.net. Club owners or instructors can pay via E-transfer. Or by cheque or cash Friday evening at the venue 7pm – 9pm or Saturday morning at the 9am registration.

Spectator Fee:

- A spectator fee will be charged at the door – cash only. \$5.00 each, children under 6 are free.

Host Hotel:

- Cambridge Hotel and Conference Centre. 3310 – 50 Ave.
- Cost \$129.00 + taxes
- 1 King or 2 Queens
- <https://reservations.travelclick.com/108483?groupID=2747982>
- 1-800-662-7197 and cite Red Deer Champion Taekwondo Tournament.
- Cut-off for the hotel booking is March 10th, 2020.

CAMBRIDGE
HOTEL & CONFERENCE CENTRE
*red deer



Food:

- Vendors are located onsite.

Rules:

- Current WT rules will be in effect.
- No head contact for colour belts.
- Head contact for Black Belts is optional.
- For children under 8 years old, we will be using judges to score, and competitors in this division will need to bring their own chest guard.

Format:

- Colour belt sparring Two – 1.5-minute rounds with 30 second break.
- Black belt sparring Two – 2-minute rounds with 30 second break.
- Each sparring competitor will be assigned a division. Once the division is called to their ring, the competitors will stay at their ring until all the division matches are complete.
- Medal presentations will be done after each division has finished.

Equipment:

- Competitors must provide their own protective equipment.
 - Arm, leg, groin, head, and mouth guards are mandatory.
 - KPnP chest guards will be provided.
 - Black belts to provide their own KPnP e-socks.
- Equipment vendors will be onsite



and



Red Deer Champion Taekwondo

COMPETITOR SUMMARY LIST

Please email Ben Couturier at: champtkd@telus.net



TKD School Name: _____

Email address: _____

	<u>NAME</u>	<u>AGE</u>	<u>M/F</u>	<u>BELT</u>	<u>WEIGHT</u>	<u>HEIGHT</u>	<u>POOMSAE</u>	<u>SPARRING</u>
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								
11.								
12.								
13.								
14.								
15.								

Registration / Medical Form



Name: _____ Belt: _____

Birthdate: (DD/MM/YYYY) _____

Height: _____ Weight: _____

1 Division _____ \$70.00 2 Divisions _____ \$75.00 EARLY BIRD SAVE \$10

Please circle: SPARRING POOMSAE

Address: _____

School: _____ Instructor: _____

Telephone: () _____ AHC#: _____

Emergency contact: _____ Emergency Ph: _____

1. I hereby certify that I have not suffered a concussion, head injury, loss of consciousness or blow to the head followed by dizziness, memory loss or headache in any activity in the past 30 days.

Signed

Under 18 years old, Legal Guardian

Date

2. Have you suffered a head injury, loss of consciousness, concussion or blow to the head in the past six months? _____ YES _____ NO

3. If yes, were you examined by a physician regarding the injury? _____ YES _____ NO

I, the undersigned, do hereby voluntarily submit my (or my child's) application for attendance and participation in the Red Deer Champion Taekwondo Tournament. I do hereby assume all responsibility for any and all damages, injuries or loss of personal possessions that I (or my child) may sustain or incur, while attending or participating. I hereby waive all claims against Red Deer Champion Taekwondo (its officers and directors, the promoters, sponsors, associations, facilitators, or other competitors of said tournament individually or otherwise, for any damages, injuries, or losses that I (or my child) may sustain or incur. I fully understand that any medical treatment given to me will be by a licensed Emergency Medical Technician (EMT or paramedic) or certified First Aid Attendant. I hereby give permission that in case of emergency (in the opinion of the EMT or EMT-P or First Aid attendant.) that I (or my child) may be transported to the hospital by ambulance for further treatment as a precautionary measure. I further agree that if any pictures or video taken of or by me in connection with said tournament can be used by the Tournament Director for publicity or promotion without compensation at this or any other time.

Date: _____ Signature: _____

Parents signature for participants under 18 years of age.





Referee Registration

Please send completed form to champkd@telus.net

Name: _____

Black Belt Dan: _____

Phone: () _____

Email: _____

Dojang: _____

Present Referee Class: (Please circle)

Provincial: "P" Class 3rd Class 2nd Class 1st Class

National: "P" Class 3rd Class 2nd Class 1st Class

International: 3rd Class 2nd Class 1st Class